



The MultiSports Group  
Motivate • Inspire • Achieve

# Prospectus



# Motivate - Inspire - Achieve

MultiSports Schools coach children aged between 4 and 16 years in 18 different sports a year. With an exciting and action packed program, comprising of 90 minutes for 4 & 5 year olds and 3 hours for 6-16 year olds at weekends, we operate 3 terms a year (spring, summer and autumn.) Each term runs for 12 weeks. In addition to the term timetable, some locations also offer holiday workshops.

Students participate in a varied program which always includes a team sport and an individual sport. In addition to a wide range of sports, our students benefit from weekly team building activities which stretch the imagination and broaden horizons. Making new friends, learning respect for each other, enhancing communication and leadership skills helps our student's grow in confidence and learn essential life skills.





At MultiSports we believe that participation is the key. We do not claim to turn your child into an elite athlete but we will develop and harvest their potential no matter how great or small. We encourage competition in a healthy manner, however it's not all about winning and it's not selective. Our experience is that our students flourish in an active, fun and safe environment and grow up with a positive approach to physical activity ensuring them a more healthy and happy lifestyle.

## Our Program of Sport includes

American Football	Fencing	Lacrosse	Softball
Archery	Football	Martial Arts	Speed Stacking
Athletics	Gaelic Football	Netball	Tag Rugby
Badminton	Gymnastics*	Rock-it-ball	Tchoukball
Basketball	Handball	Rounders	Tri Golf
Climbing Wall*	Kickball	Short Tennis	Unihoc
Dodgeball	Kwik Cricket	Slamball	Volleyball

\* Selected Schools Only



## Little Sporties

Little Sporties is a fantastic introduction to sport for your 4 or 5 year old child. There are 3 elements to each session; as well as a team sport and an individual sport, these sessions include a personal development module which involves lots of fun and games that help improve skills such as throwing and catching, balance and co-ordination as well as fitness.

At this young age the variety of sport on offer captures the interest and imagination of the young player and their abundance of energy is channelled into structured and well planned lessons. Class sizes are kept small and are taught by professional, experienced and supportive coaches. As a Little Sporty, your child will enjoy themselves immensely as they grow and discover more about themselves.

# Main School

The MultiSports main schools are ideal for boys and girls aged 6 - 16 of all abilities. Students work in 3 age groups with class sizes capped at 18. The program is challenging and exciting and includes a team sport, an individual sport and a team building activity; all helping our students develop into well rounded young people.

Our students are exposed to many sports that they would otherwise not have the opportunity to play and they become accustomed to change and keen and confident to take on new challenges.

Skills such as communication, negotiation, empathy, understanding and leadership are all developed through team play and team building. Confidence and self assurance is developed particularly through progress in the individual sports and from making new friends.



## Equipment & Facilities

MultiSports invests in premium resources, equipment and venues. All schools have the use of excellent facilities, such as Sports halls, Gymnasiums, Astro turf, Hard Courts and Fields.

## Reports

Twice a year, parents are given a written progress report on their child's advancement. This is not only to keep parents updated but also to formally encourage, motivate and recognise the efforts of the past few months.

## Sports Day & Open Day

Sports Day for the main school is at the end of the Summer term and gives both children and parents the chance to show off their sporting prowess!

There is an open day at the end of every term for the Little Sporties classes when families are welcome to watch or join in the fun. The students are also awarded their medals so there is lots of cheering required!

## Reward & Recognition

Recognition of personal achievement and effort is of great importance to MultiSports. Awards are not based solely on natural sporting ability, but on sportsmanship, perseverance, enthusiasm and team work. Certificates are awarded regularly throughout the year as well as annual commitment awards and the prestigious 'Student of the Year' cup.

## Sports Leaders

MultiSports have teamed up with Sports Leaders UK in delivering courses integrated within the MultiSports syllabus. Schools running the program offer students aged 14+ the opportunity to attain the Sports Leaders Level 1 and level 2 certification. Students are able to enrol at no extra cost.

## Uniform

Basic uniform is available to buy at a reasonable price at each school. Although it is not compulsory, we believe a team kit gives the students a sense of belonging and each student will be given a free t-shirt on their first day.

The MultiSports Group are dedicated to providing the highest standards of care and consideration for the benefit of the children who attend our classes. This applies as much (if not more so) in relation to our Child Protection Policy and Procedures. To achieve this we have engaged the services of a leading National Child Protection organisation, RWA (formerly Ray Wyre Associates).

This organisation has provided consultation, training and advice on Child abuse and Child protection issues to several Police Forces both in the UK and overseas, The National Probation Service, Social Services and Local Safeguarding Boards and they have developed Child Protection Policies and procedures for organisations as varied as the Royal Opera House Education Department, Castle Care (Children's Homes), Stagecoach Theatre Art Schools, Monkey Music and various worldwide Faith Organisations.



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For a full list of schools or to apply online please visit:  
**[www.themultisportsgroup.co.uk](http://www.themultisportsgroup.co.uk)**

